



2025/2026 Updates



Our Mission

To create life champions through excellence in swimming.

Our Vision

To teach children and young adults superior swimming in a supportive community.

Our Core Values

I TEAM

I Integrity

G Grit

E Excellence

R Respect

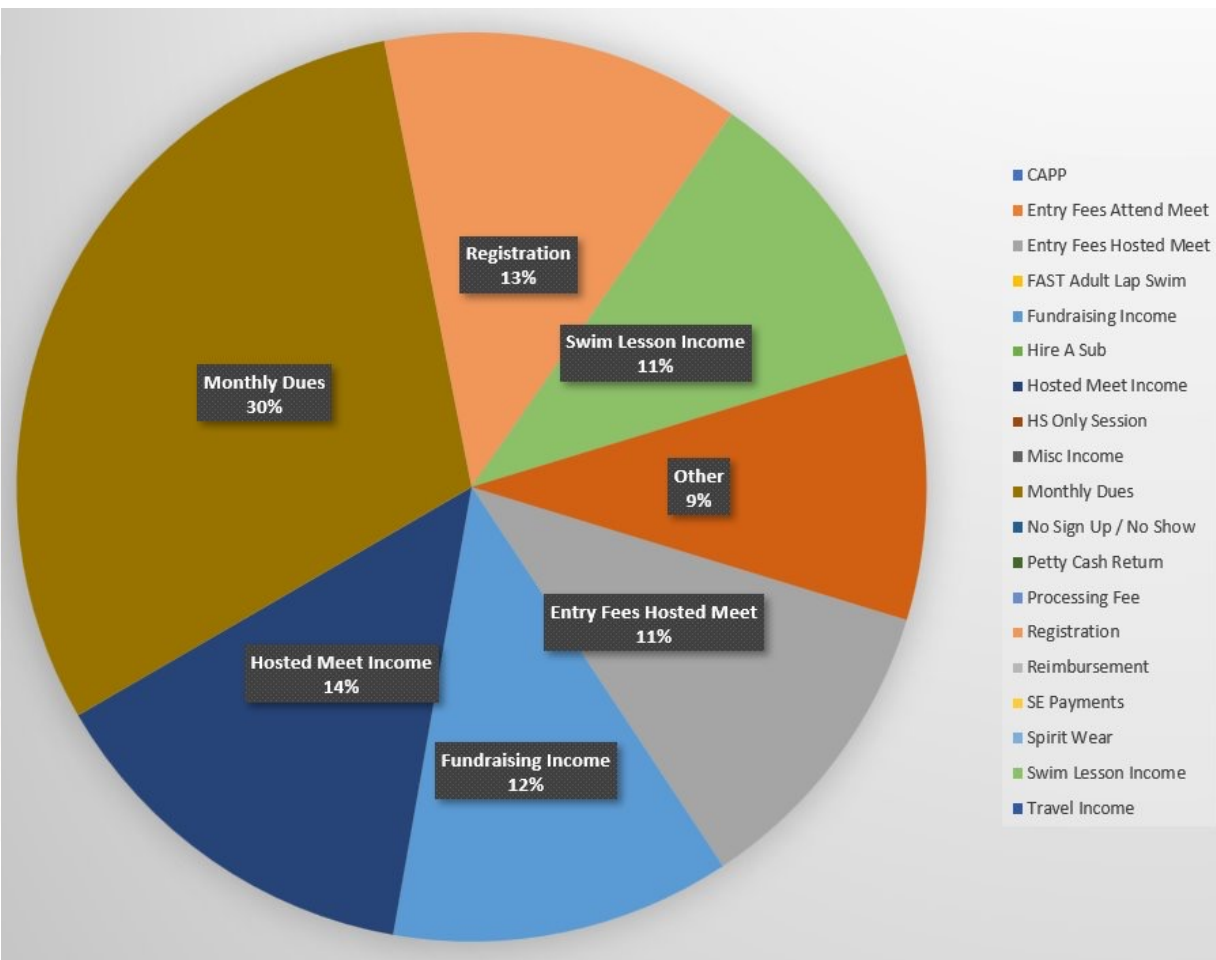
S Sportsmanship



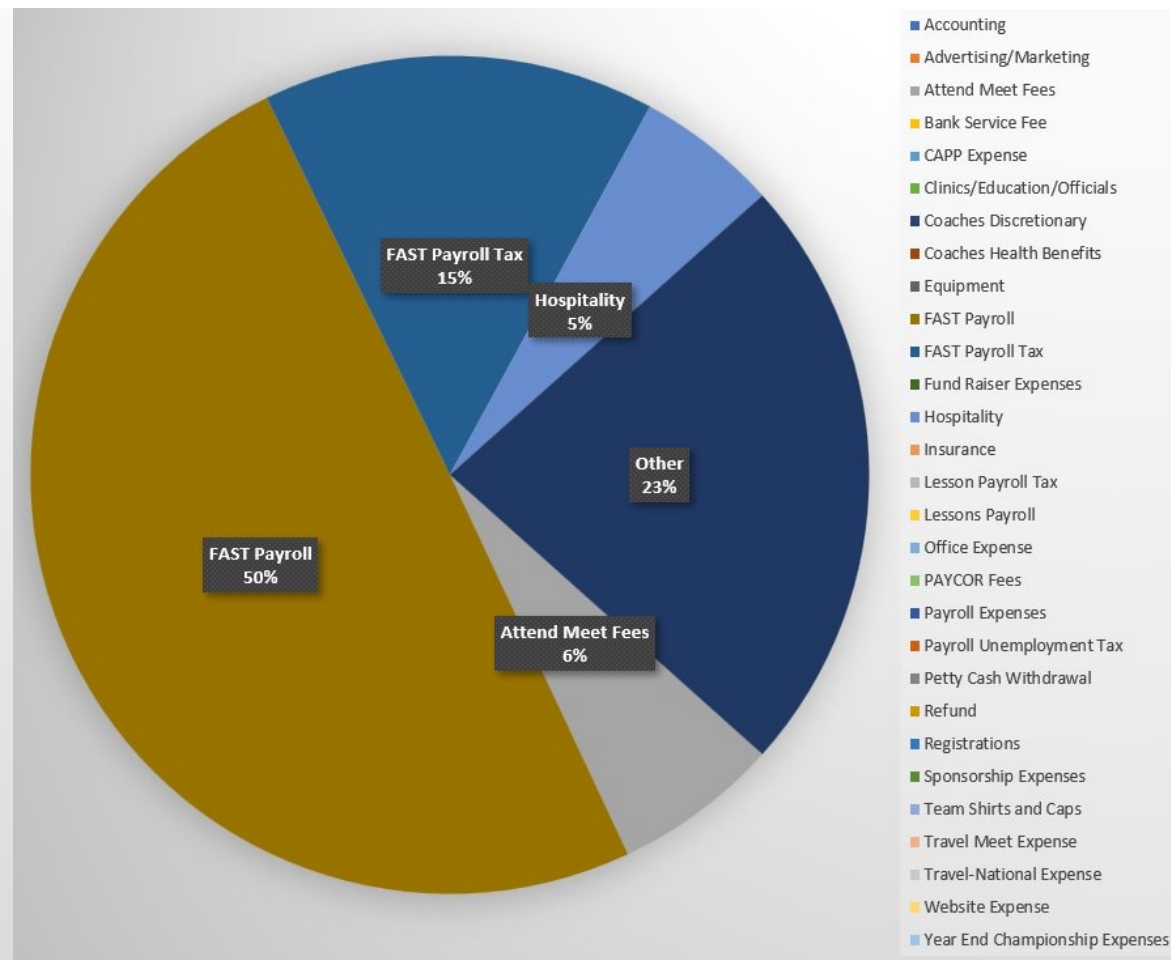
Quick Hits

- Entering our 20th year
- 501(c)(3)
 - "...foster Amateur sports program"
- Small business
- Governed by Parents / Directed by Head Coach
 - Wet Side (Coaches)
 - Athlete Development
 - Training Components
 - Competition Management
 - Dry Side (Head Coach / Board of Directors)
 - Financial Management
 - Day to Day Business Operations
 - Team/Event Support

2024/2025 Review



INCOME



EXPENSES



2025/2026 Budget Changes

Training Fees

- FAST's training fees have not changed in 8 years
- Board revisited dues at the end of last year, but felt we could be Budget positive keeping dues the same
- Board authorized increase in pay for lifeguards, coaches and instructors to keep competitive with neighboring clubs
- Board wanted to commit to keeping fees the same for 3 years to provide stability in planning family and FAST budget
- Based increases on "offered pool time"
- Still collected over 9 months
- **STILL THE BEST VALUE IN SWIMMING BASED ON PERFORMANCE**

2025/2026 Budget Changes



- Training Fees

<u>Group</u>	<u>24/25 Fee</u>	<u>25/26 Fee</u>	<u>Yearly Increase</u>
Nat	\$155	\$180	\$225
Elite	\$155	\$175	\$180
E Elite	\$155	\$165	\$90
Excel	\$135	\$155	\$180
TP	\$130	\$155	\$225
T3	\$125	\$145	\$180
T2	\$120	\$135	\$135
T1	\$110	\$130	\$180
TS	\$105	\$125	\$180
TC3	\$100	\$115	\$135
TC2	\$95	\$110	\$135
TC1	\$90	\$105	\$135



FAST Families Drive Success

- Meet Support Critical to Hosting Meets
- Hosting Meets = Lower Member Dues
- Lower Member Dues = Savings to FAST Families
- Savings for Families = Ability to stay Committed
- Commitment = World Class Swim Club





FAST Family Event Support Requirements

- FAST is known for hosting high-quality competitions. Teams travel to our popular FAST-hosted meets from all over the Midwest.
- The **biggest benefit** of hosting these meets is they provide our athletes with **high-quality competition**, while reducing the training dues paid by FAST families and minimizing travel expenses for our families.





FAST Family Event Support Requirements

- Families must provide event support regardless of whether or not their swimmer(s) are participating in the FAST-hosted meet.
- Event Support can be performed by Parents, Siblings (depending on age/shift), Grandparents, Neighbors, Friends...





FAST Family Event Support Requirements

- No Significant Changes in Event Support from Last Year
 - October 2025 Monster Splash – All training groups 2 Sessions
 - December 2025 Santa Claus Classic – Tiger Cubs 3 Sessions, all other training groups 4 Sessions
 - January 2026 **FAST Winter Classic** – Tiger Cubs 3 Sessions, all other training groups 4 Sessions
 - **March 2026 Divisionals – Most Likely Tiger Cubs 2 Sessions, all other training groups 3 Sessions**
 - **April 2026 Carmel Dual/FAST Friday – Most likely 1 Event Support Shift for applicable groups**
 - May 2026 FAST 500 – All training groups 2 Sessions
 - June 2026 Summer Jam - Tiger Cubs 3 Sessions, all other training groups 4 Sessions





FAST Family Event Support

- The Club needs HELP!!!
 - Meet Coordinator – Apprentice Shifts Available
 - Officials
 - Hospitality Committee
 - Announcer – Apprentice Shifts Available
 - Computer Operator – Apprentice Shifts Available
 - Emergency Response Committee





FAST Family Event Support Requirement s

- Those who do not sign up, mark “Unavailable to Work”, or show up for their event support shifts are automatically assessed a financial penalty of \$75 per session. This ensures that FAST can provide adequate staffing at our hosted meets, achieve our budget goals, and keep families' dues low.
- If the athlete is participating in a higher-level event, such as TYR Pro or Winter Nationals, that conflicts with a FAST-hosted meet, the “Unavailable to Work” fee will be waived for the family. If the athlete ends up swimming in part, but not all, of the FAST-hosted meet, the event support obligation will be enforced.





FAST Family Event Support Requirement s

- Prior to each meet, our Event Support Coordinator will send an email to announce that the sign up is open. Please prioritize these emails, as they will provide details about the meet, as well as the support specifics. If there is a change in the Event Support Requirement, the Event Support Coordinator will notify team families.
- Families are strongly encouraged to work the sessions. If a family does choose to "Unavailable to Work" for a meet before the sign-up window closes, a \$25 per session fee will be charged to their account. After 3 "Unavailable to Work" per year (September - August), the cost increases to \$50 per session. **After 6 Unavailables per year, the cost increases to \$75 per session.**





2025/2026 Board Elections

2 Positions are up for Election

Current / Remaining Members

Term expiring 2025



Stacey
Harvey



Garrett
Cockrum

*Excel and Tiger Stripes
Group*

Term expiring 2026



Noel
Perkins

*Tigers 3 and Tiger
Cubs 3 Groups*



Matt
Davis

Tiger Pride Group

Term expiring 2027



Tyler
Wolf

National & Elite groups



Matt
Riley

Tigers 3 Group



Angie Jackson

*SafeSport Coordinator
Tiger Pride and Elite training groups*





2025/2026 Board Elections

2 Positions Are Open – *term expires 2028*

Candidates for Open Seats



Garrett Cockrum

Excel and Tiger Stripes Group



Mike Gannon

*Emerging Elite and
Tiger Pride*



Jill Jones

Emerging Elite

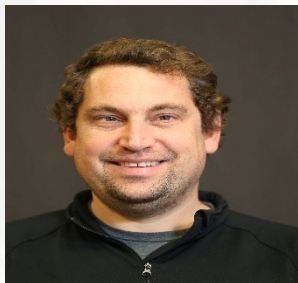




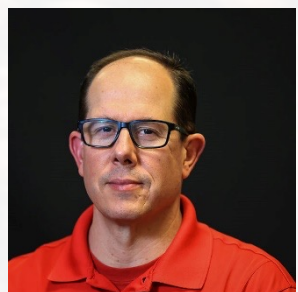
2023/2024 Coaching Staff



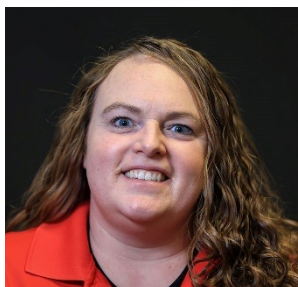
Joe Keller
*Head Coach/Director/
Co-Business Manager*



Alec Haley
*Associate Head Coach/
National/Mentor Coach*



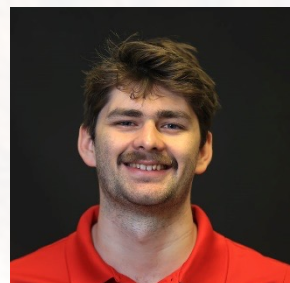
Steve Sanchez
*Head AG Coach/Tiger
Pride/Co-Business
Manager/Registration*



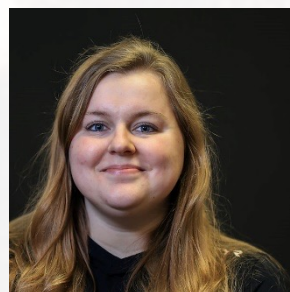
Cat Sehr
*Tiger Cubs 1/HS Prep/
Learn to Swim & Pre-Team
Coordinator*



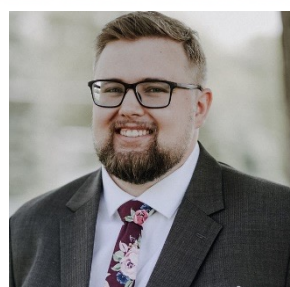
Kris Keller
*Emerging Elite/Tiger Pride/
Website/Social Media*



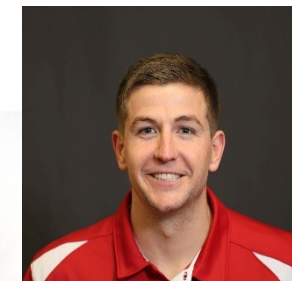
Brett Riley
*Masters/Adult Swim/Tigers
3/Elite + Emerging Assistant*



Ellen Fero
Tigers 2/Tiger Cubs 2



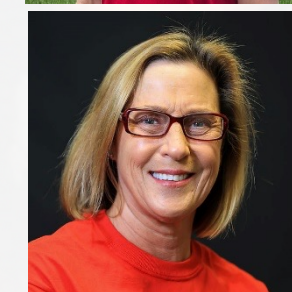
Isaiah Huisman
Tigers 1



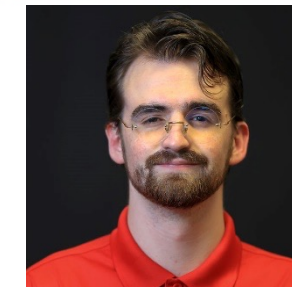
T.C. Smith
Tiger Stripes



Jason Chechitelli
Tiger Cubs 3



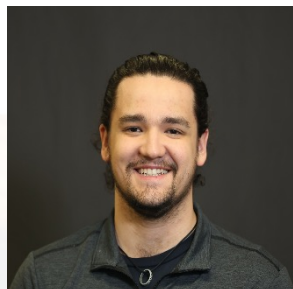
Tamisa Lush
*Tiger Cubs 2/Tiger
Stripes Assistant*



Tyler Richmond
Excel



2025/2026 Coaching Staff



Daniel Pache
*Tigers 3/Tiger Stripes/
Emerging Elite Assistant*



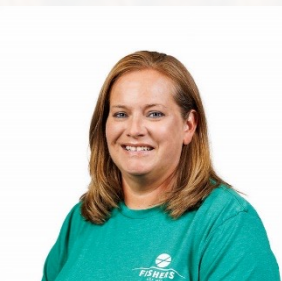
Mya VanderHagen
Tiger Cubs 3 Assistant



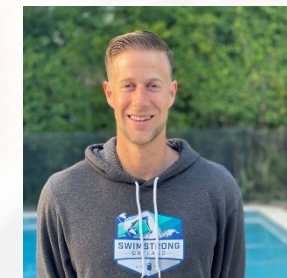
Ralph Thielking
*Meet Director/
Assistant Coach*



Bruno Kitazuka
*Tigers 1/Tiger Cubs 3/
Excel Assistant*



Paula Hardin
Pre-Team



Eric Hudson
*SwimStrong Dryland
Founder/Owner*



FAST: A Quest for Excellence!

While the past is apparent upon reflection, it is what we learn and how we respond that makes it valuable for the future. To this point, how do we process, demonstrate progress and thrive? As we always do...FAST plans for success. Strategically, we will Aim for Excellence. How? We WILL...

1. Continually Prepare
2. Give Championship Efforts
3. Make Consistency Normal

Respecting the past and navigating the future, with respect, will allow us to achieve, thrive and succeed!

Coach Keller's Top 5 takeaways from 2024-25...

- We have Defined Systems!
- We Reflect and Adjust!
- We Plan for Challenges/Obstacles!
- We Define Success!
- It Takes What IT Takes! *It Takes Time to Create Excellence!

Forward thinking...

- *Podium Club – Gold Medal x 4!
- *Olympic “Performance”
- *Club Development – Building People, Building Champions!





FAST Program of Excellence

FAST Programming

*FAST is a FULL Service Aquatics Club

- *Learn to Swim Program*
- *Pre-Team*
- *Competitive Team*
- *HS/College Programs – HS Prep, CAPP*
- *Adult Swim Program*
- *FAST Diving Tigers*
- *Swim Strong Dryland*

FAST Competitive Team Structure

The FAST competitive program has five Divisions:

- *FUNdamentals, Learn to Practice, Learn to Train, Train to Compete, and Compete to Excel.*
- Four Training Groups within 10&Under / 11-14 / Senior Age Groups
- *Training Groups Progression and Standards of Achievement Based on Metrics.





FAST Program of Excellence

FAST Training Components*

- *Training Time(s) and Amount*
- *Training Space*
- *Long Course Meters*
- *Equipment including Dryland*
- *Technology*
- *Coach to Athlete Ratio*
- *SSDL Program...Training, Leadership, Education and Nutrition & Wellness*

FAST Team Culture

- TIGERS Values
- Leadership & Education
- Community...Within FAST & Within Fishers

FAST is the Best Value Full Service Swim Club in Indiana Swimming!





Culture of Performance Excellence

1. Virtual Club Championship (VCC)
2. IMX/IMR Program
3. Club Excellence Program – Gold
4. Club Recognition Program - Level 4
 - *Business & Organizational Success
 - *Parent/Volunteer Development
 - *Coach Development & Education
 - *Athlete Development & Performance
5. SSRP – Safe Sport Recognition Club
6. ISI/USA Camps
7. State/National/International Level Events/Teams
8. Four Year Plan
 - a. 2028 Los Angeles
 - b. Gold Medal/Podium Club





Follow FAST Social Media

Instagram: fasttigers

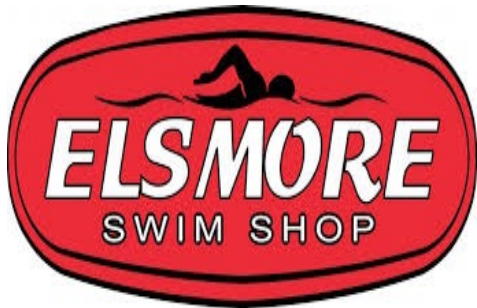
X: @FASTTigerSwim

Facebook: Fishers Area Swimming Tigers





QUESTIONS?



Culture of Excellence

