Fishers Area Swimming Tigers

10 & Under Tigers

2025-2026

The Tiger Cubs are a part of our FUNdamentals division with an emphasis in building a strong foundation in stroke technique and nurturing a love for swimming. Tiger Stripes is a part of our Learn to Practice division with a goal to continue to develop and refine the foundation of skills and techniques in a fun environment that ultimately encourages participation in our sport. In the 10 & Under groups we focus on establishing good practice habits, translating to better performances in meets.

Expectations increase as they progress through the groups. There will be an increased level of responsibility, character, focus and attention to detail. We want our swimmers to not only understand the meaning of our Tiger Values but how to utilize them on a daily basis in their lives, both in and out of the pool. We strive to build the complete person within the framework of competitive swimming.

Values

T - Team

I - Integrity

G - Grit

E - Excellence

R - Respect

S - Sportsmanship

Coaches

TC1 - Coach Cat - cmsehr@gmail.com

TC2 - Coach Tamisa - tamisalush@comcast.net

TC3 - Coach Jason - jasonchechitelli@gmail.com

Tiger Stripes - Coach TC - Tcs1swim@yahoo.com

Coach Steve - coachsteve@fasttigers.com

Attendance

TC1, **TC2**, **TC3** – offered 4 times a week – 75% attendance is goal, affording the best opportunity for improvement.

TS - Attendance is emphasized – offered 5 times a week with 80% practice attendance being the minimum goal, affording the best opportunity for continued improvement.

Equipment

Learning to use and being responsible for their equipment is an essential part of the Tiger Cub and Tiger Stripes groups. All swimmers should arrive with their suit under their clothes and wearing athletic shoes. Crocs and other sandals-like footwear is not recommended for our dryland activities.

Tiger Cubs

- Fins
- Jr Snorkel
- Mesh bag

Tiger Stripes

- Fins
- Kick board
- Buoy
- Jr Snorkel
- Strokemaker Paddles
- Mesh bag

Elsmore Swim Shop is our equipment supplier for training gear, practice suits, parkas, etc. Items can be purchased through Elsmore Swim Shop located at 4705 E 96th Street, Suite 37, Indianapolis. You may contact them directly at 317-208-3000.

Team Shirts and Caps

Each athlete will receive (3) Team T-shirts and (2) Team Swim Caps. Caps should have already been handed out; shirts are to arrive and be distributed the first week of October, before the Monster Splash meet. There is no charge for these items as they are included in your registration fee. These shirts and caps are to be worn at all home and away meets. There will be a parent information sheet posted to the event that will include all the necessary information, including team attire. In the past it has been lightest to darkest – Fridays (gray), Saturdays (red) and Sundays (black).

New Parent Resource

www.fasttigers.com - Parents tab, New Parents, scroll down to New Parent Presentation under Swimming 101.

FAST Tiger Events

Meet			Emerging									
	National	Elite	Elite	Excel	Pride	ТЗ	T2	T1	Stripes	TC3	TC2	TC1
FAST Tigers Monster Splash Closed Invite October 4-5, 2025** 9/8/25	х	Х	Х	x	х	х	х	х	х	х	х	x
World Aquatics World Cup SCM Meet (Carmel)* October 10-12, 2025 8/14/25	х	x										
FAST Friday October 24, 2025 10/21/25				X	х	х	х	х	х	х	x	x
Holiday Hoopla IU Natatorium November 7-9, 2025* 09/21/25	х	x	x	х	х	х	x	х	х	х	x	x
FAST Friday November 21, 2025 11/18/25					Х	x	x	x	x	x	x	x
FAST Santa Claus Classic December 5-7, 2025 ** 10/26/25	х	х	x	х	X	X	x	х	х	х	х	x
Speedo Winter Jrs at IU Natatorium (IUPUI)* December 10-13, 2025	X	х			x							
FAST Friday December 19, 2025 12/16/25					х	x	x	х	х	х	x	х
Mid-State All-Star Meet at IU Natatorium (IUPUI)* January 3-4, 2026					х				x			
FAST Friday January 9, 2026 1/6/26					х	х	x	х	х	x	х	х
FAST Winter Classic January 16-18, 2026 ** 12/5/25	х	х	x	х	x	x	x	х	х	x	х	X
JAGS Winter Invite at IU Natatorium (IUPUI) February 6-8, 2026 12/31/25					Х	x	х	х	x	х	X	x
FAST Friday February 20, 2026 2/17/26					х	х	x	x	х	x	х	х
FAST Sunday Splash Last Chance March 1, 2026 2/24/26	x	x	x	x	х	х	х	х	х	х	X	х
Divisional Championship (Fishers)* March 6-8, 2026 ** 2/25/26			x	x	х	x	х	х	х	х	х	х
Sr State Champs at Elkhart Aquatic Center* March 13-15, 2026 3/2/26	x	х	x	x	x		Т	VI				
SwimStrong National Champs Meet (Fishers) March 20-22, 2026 3/1/26	х	x	х	x								
Age Group State at IU Natatorium (IUPUI)* March 20-22, 2026 3/9/26					x	х	х	х	х	х	х	х
Spring Speedo Sectional at IU Natatorium (IUPUI)* March 26-29, 2026 12/27/25	х	х			х							

^{*}Indicates you must qualify for the meet.

We are very excited to be coaching your Tigers, the future of FAST. Please feel free to contact me any time via email at coachsteve@fasttigers.com or text me on my cell at 317-938-9501.

^{*}Edit Commitment Deadlines are to the right of the meet date! This is the last date to commit to a meet to be GUARANTEED an opportunity to compete! Those without Commit Deadlines are qualification meets and staff will enter athletes into these events following communication with athlete/parent.