

Fishers Area Swimming Tigers October 6 – 8, 2023

- **SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction number #IN24018.
- HOST: Fishers Area Swimming Tigers, P.O. Box 453, Fishers, Indiana 46038
- POOL: Fishers High School Aquatic Center, 13000 Promise Road, Fishers, Indiana 46038
- FACILITY:Two 25-yard pools with ten 7.5-foot-wide lanes with non-turbulent lane markers.
One 25-yard course will be used for competition and the other for warm-down.
Both pools may be used for one or more events to manage the timeline. A
Daktronics 2000 Time System will be used. Balcony spectator seating is available.

The main competition (West) pool has a minimum depth of five foot nine inches (5'9") and a maximum depth of six foot ten inches (6' 10"). The second (East) pool has a minimum depth of twelve feet (12') for the first five meters at the starting end of the pool. The second pool's turn-end depth is three foot ten inches (3'10") for the first five meters. The competition course has not been certified in accordance with rule 104.2.2C(4).

- **PARKING:** Free parking will be available in the lots adjacent to the Fishers HS Aquatic Center. Please enter the building through entrance FH6.
- **RULES:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP2.0"), will govern this meet.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee may assist the member in planning for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Coaches and Officials must constantly display their USA Swimming coach credential or deck pass for deck access. The meet referee or meet director may ask for coach credentials and deny access if the coach does not comply.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.



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- **ELIGIBILITY:** Swimmer(s) must be registered with USA Swimming to be accepted into this meet. These registration numbers must accompany entry. Age as of October 6, 2023, shall determine the swimmer's age for the meet. Indiana Swimming does not process on-site registrations. All swimmers must be registered with USA Swimming. These registration numbers must accompany entry.
- **MEET FORMAT:** All events are timed finals. 11-12, 13-14, and Open Age groups will swim Friday afternoon, Saturday morning and Sunday morning. 10 & Unders will swim Saturday and Sunday afternoon.

The Fishers Area Swimming Tigers (FAST) reserve the right to limit entries in all events to keep the timeline manageable. There will be refunds for swimmers not eligible for limited events. Any limited events will be posted on <u>www.fasttigers.com</u> by 5:00 PM on Tuesday, October 3, 2023.

If a swimmer misses their event, they will be declared a "no show" and will not be placed in any other heat to make-up the swim. "Fly-over" starts may be used for all events.

- **POSITIVE** Coaches will be handed check-in sheets upon arrival each day. **CHECK-IN:**
- ENTRIES & Each swimmer will be limited to four (4) individual events and one (1) LIMITS: Each swimmer will be limited to four (4) individual events and one (1) relay per day. If an entry is submitted with an individual over-entered, the entry will be made by order of events starting with Event #1 until the rule is satisfied; there will be NO refunds.
- EVENTThere will be a positive check-in for all events. FAST may pre-seed someSEEDING:events. The 1650 Free, 500 Free and 400 IM will be swam fastest to slowest. If
one pool is used, we will alternate one heat of girls with one heat of boys.
- **ENTRY FEES:** All entry fees must accompany entry. Please make payable to: FISHERS AREA SWIMMING TIGERS. Individual events are \$5.00, and relays are \$8.00. There is also a \$20.00 per swimmer, per meet, Indiana Swimming surcharge which must accompany entry.
- **DECK ENTRIES:** Deck entries will be accepted if the meet is not filled only as new additions. Changes will not be accepted. Deck entries are only for swimmers on teams already entered into the meet. Entry fee for deck entries is \$10.00 per individual event and \$16.00 per relay.

SCORING: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 for Individual Events (Relays score double.)



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ENTRYEntries will be accepted starting Monday, September 18, 2023, at 8:00PROCEDURE:AM. The entry deadline is 5:00 PM Friday, September 22, 2023.

Entries may be updated until 5:00 PM on Monday, October 2, 2023. Updated times must be received via email.

All times must be submitted in Short Course Yards (SCY) times and completed to the hundredth of a second. Converted times should use the Hy-Tek Time Converter. NO "NT" entries for events please. If you are entering a swimmer who does not have a time, we ask that you please estimate the swimmer's time. We would like to produce as accurate of a timeline as possible.

Mail entries and fees to the Entry Chairperson:

Monster Splash Entries c/o Fishers Area Swimming Tigers P.O. Box 453 Fishers, Indiana 46038 Email: entries@fasttigers.com

SCHEDULE: <u>Friday, October 6, 2023</u>

All age groups. Warm-Ups Start 4:00 PM Meet Starts 5:00 PM

Saturday, October 7, 2023 and Sunday, October 8, 2023

11-12, 13-14 & Open Age Groups Warm-Ups Start Not Before 7:00 AM Meet Starts Start Not Before 8:15 AM

8-Under & 10-Under Age Groups Warm-Up Start Not Before 12:30 PM Meet Starts Not Before 1:30 PM

Please note: All Times Are Eastern Daylight Savings Time.

CLERK OF
COURSE:There will be a Clerk of Course located on deck for all 8-Under events.
Lane assignments will be posted around the pool. Coaches are encouraged to
cover check-in, scratch and meet procedures with their new swimmers and
parents. Marshals will limit the athletes behind the blocks to help keep distancing.
NO PARENTS ARE ALLOWED ON THE POOL DECK. This is an insurance
requirement of USA Swimming.

RELAYS: Relay cards will be provided in the coach's packet(s) and will be due at the beginning of each session.

MEET Free electronic heat sheets will be available.

PROGRAMS:



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- **WARM-UPS:** Warm-up lanes will be assigned. A complete schedule of lanes and times for all warm-up procedures must be adhered to by all participants and will be posted at the facility during the meet.
- AWARDS: There will be no awards presented.
- MEETRalph ThielkingDIRECTOR:rthielking@mmufus.com
- MEET REFEREE: Mickey Smythe mickeysmythe@comcast.net
- **OFFICIALS:** FAST will need the help of your USA Swimming Officials. If you have a member that oversees your officials, please provide his/her name and email address on the entry summary form where requested.
- **USA SWIMMING SUIT RULES:** In swimming competitions, the competitor must wear only one swimsuit in one or two pieces, except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.
- **Safe Sport 360:** The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after [insert date that is 30 days prior to the last date of the actual competition], who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after [insert same date], who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.



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FACILITY NOTE: The Fishers High School Aquatic Center is one of the most beautiful high facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

- Keep all trash picked up (swimmers and teams in particular).
- Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas.
- Due to USA Swimming insurance requirements, **only** swimmers, coaches, officials, and volunteers are allowed on deck.
- NO SMOKING OR TOBACCO IS PERMITTED IN THE BUILDING.

The Fishers Area Swimming Tigers will have security people patrolling the deck and locker room areas. Anyone caught abusing the building or facility will be asked to leave the facility immediately and barred from further competition.

Covid Statement: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to covid-19 and forever release and hold harmless usa swimming and [the lsc] and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection therewith.



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ORDER OF EVENTS - FRIDAY, OCTOBER 6, 2023

Girls	Afternoon Session (Session #1) Warm-Ups Start Not Before 4:00 PM Meet Starts Not Before 5:00 PM	Boys
1	13&Over 50 Butterfly	2
3	11-12 200 Individual Medley	4
5	13 &Over 50 Backstroke	6
7	11-12 500 Freestyle	8
9	13&Over 50 Breaststroke	10
11	Open 1650 Freestyle	12

ORDER OF EVENTS - SATURDAY, OCTOBER 7, 2023

	Morning Session (Session #2)	
Girls	Warm-Ups Start Not Before 7:00 AM	Boys
	Meet Starts Not Before 8:15 AM	
13	13-14 200 Individual Medley	14
15	Open 200 Individual Medley	16
17	11-12 100 Freestyle	18
19	13-14 100 Freestyle	20
21	Open 100 Freestyle	22
23	11-12 100 Butterfly	24
25	13-14 100 Butterfly	26
27	Open 100 Butterfly	28
29	11-12 50 Backstroke	30
31	13-14 100 Backstroke	32
33	Open 100 Backstroke	34
35	11-12 50 Breaststroke	36
37	13-14 200 Breaststroke	38
39	Open 200 Breaststroke	40
41	11-12 200 Medley Relay	42
43	13-14 200 Medley Relay	44
45	Open 200 Medley Relay	46
47	13-14 500 Free	48
49	Open 500 Free	50

SWIMMINGTIGERS FISHERS-INDIANA

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Girls	Afternoon Session (Session #3) Warm-Ups Start Not Before 12:30 Noon Meet Starts Not Before 1:30 PM	Boys
51	10-Under 200 Freestyle	52
53	8-Under 100 Freestyle	54
55	10-Under 50 Breaststroke	56
57	8-Under 25 Breaststroke	58
59	10-Under 100 Butterfly	60
61	8-Under 50 Butterfly	62
63	10-Under 50 Backstroke	64
65	8-Under 25 Backstroke	66
67	10-Under 100 Freestyle	68
69	8-Under 50 Freestyle	70
71	10-Under 200 Medley Relay	72
73	8-Under 100 Medley Relay	74

ORDER OF EVENTS - SUNDAY, OCTOBER 8, 2023

	Morning Session (Session #4)	
Girls	Warm-Ups Start Not Before 7:00 AM	Boys
	Meet Starts Not Before 8:15 AM	
75	11-12 200 Freestyle	76
77	13-14 200 Freestyle	78
79	Open 200 Freestyle	80
81	11-12 100 Breaststroke	82
83	13-14 100 Breaststroke	84
85	Open 100 Breaststroke	86
87	11-12 100 Backstroke	88
89	13-14 200 Backstroke	90
91	Open 200 Backstroke	92
93	11-12 50 Butterfly	94
95	13-14 200 Butterfly	96
97	Open 200 Butterfly	98
99	11-12 50 Freestyle	100
101	13-14 50 Freestyle	102
103	Open 50 Freestyle	104
105	11-12 200 Freestyle Relay	106
107	13-14 200 Freestyle Relay	108
109	Open 200 Freestyle Relay	110
111	11-12 400 IM	112
113	13-14 400 IM	114
112	Open 400 IM	116



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	Afternoon Session (Session #5)	
Girls	Warm-Ups Start Not Before 12:30 PM	Boys
	Meet Starts Not Before 1:30 PM	
117	10-Under 200 Individual Medley	118
119	8-Under 100 Individual Medley	120
121	10-Under 50 Freestyle	122
123	8-Under 25 Freestyle	124
125	10-Under 100 Backstroke	126
127	8-Under 50 Backstroke	128
129	10-Under 50 Butterfly	130
131	8-Under 25 Butterfly	132
133	10-Under 100 Breaststroke	134
135	8-Under 50 Breaststroke	136
137	10-Under 200 Freestyle Relay	138
139	8-Under 100 Freestyle Relay	140

GENERAL INFORMATION:

Each team is responsible for its own valuables.

Each coach is responsible for the conduct of their team.

Only swimmers and coaches will be allowed in the deck area. There are two men's and two women's locker rooms on deck.



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FEE SUMMARY

This summary form must be completed and returned with all entry fees. Please note your initial entry is due on Friday, October 6, 2023, to get consideration for entry into the meet. Please make certain to include all of the following:

- 1. Individual entry sheets
- 2. Check for entries made payable to: Fishers Area Swimming Tigers
- 3. Computer disk enclosed unless sent via email (must still include printed copy)
- 4. This completed summary form.

Mail all of the above to:

Monster Splash Entries c/o Fishers Area Swimming Tigers P.O. Box # 453 Fishers, Indiana 46038 307-288-8868	
Email: entries@fasttigers.com	
Club	Club Code
Number of swimmers entered: Boys + Girls	= Total
Number of swimmers entered: Indiana Swimming Surc	-
Number of prelims/finals individual entries <u>N/A</u>	
Number of timed finals individual entries	
Number of relay entries @ \$8.00 = \$	
TOTAL AMOUNT ENCLOSED = \$	
Contact Information: Club Official submitting entry:	Coach's Name:
Name:	
Address:	
City:	
State, Zip:	
Telephone:	

Please indicate the preferred manner of receiving final results:

Hard Copy
Meet Manager Backup (Emailed)
Team Manager .cl2 file (Emailed)
All of the above

Email address to send above to: _____

Email:



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VISITING USA SWIMMING OFFICIALS SIGN-UP

Please indicate the names of any officials who would be willing to help officiate at the meet and the session(s) they would be willing to work:

Name:			
Phone & Email (If Known):			
Sessions: Saturday AM	Saturday PM	Sunday AM	Sunday PM
Name:			
Phone & Email (If Known):			
Sessions: Saturday AM	Saturday PM	Sunday AM	Sunday PM
Name:			
Phone & Email (If Known):			
Sessions: Saturday AM	Saturday PM	Sunday AM	Sunday PM
Name:			
Phone & Email (If Known):			
Sessions: Saturday AM	Saturday PM	Sunday AM	Sunday PM
Name:			
Phone & Email (If Known):			
Sessions: Saturday AM	Saturday PM	Sunday AM	Sunday PM
Name:			
Phone & Email (If Known):			
Sessions: Saturday AM	Saturday PM	Sunday AM	Sunday PM
Name:			
Phone & Email (If Known):			
Sessions: Saturday AM	Saturday PM	Sunday AM	Sunday PM

Please attach additional sheets, if necessary.



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RELEASE AND HOLD HARMLESS AGREEMENT

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Fishers Area Swimming Tigers, and its' Board of Directors, USA Swimming, Fishers High School and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Fishers Area Swimming Tigers, USA Swimming, and the Fishers High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this	day of	, 2023.
Signature of Club Offic	ial or Coach	
Printed Name of Club	Official or Coach	



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FISHERS AREA HOTEL INFORMATION

There are several excellent hotels within 15 minutes of the pool. We recommend **Hyatt Hotels in the Fishers District and SpringHill Suites**. Click on the links below to receive a team discount. **Hyatt Place:** <u>https://www.hyatt.com/en-US/hotel/indiana/hyatt-place-indianapolis-fishers/indzf?corp_id=191083</u>

Hyatt House: https://www.hyatt.com/en-US/hotel/indiana/hyatt-house-indianapolis-

fishers/indxf?corp_id=191083			
Hyatt Place	Courtyard by Marriott	Hyatt House	
11455 Ikea Way,	11550 Whistle Dr,	11455 Ikea Way,	
Fishers, 46037	Fishers, 46037	Fishers, 46037	
3 miles from the pool	3 miles from the pool	3 miles from the pool	

<u>FISHEIS, 40057</u>	1 1511015, 10057	<u>FISHEIS, 40057</u>
<u>3 miles from the pool</u>	3 miles from the pool	<u>3 miles from the pool</u>
Wyndham	Embassy Suites by Hilton	Holiday Inn Express & Suites
13500 Tegler Dr,	13700 Conference Center Dr,	13625 Tegler Dr,
Noblesville, 46060	Noblesville, 46060,	Noblesville, 46060
4 miles from the pool	4 miles from the pool	4 miles from the pool
Staybridge Suites	Residence Inn by Marriott	Hilton Garden Inn
9780 Crosspoint Blvd,	9765 Crosspoint Blvd,	9785 N by NE Blvd,
Indianapolis, IN 46256	Indianapolis, IN 46256	Fishers, IN 46037
6 miles from the pool	6 miles from the pool	6 miles from the pool
Home2 Suites by Hilton	SpringHill Suites by	Fairfield Inn & Suites
9701 N by NE Blvd,	<u>Marriott</u>	10495 Crosspoint Blvd,
Fishers, IN 46037	<u>9698 Hague Rd,</u>	Indianapolis, IN 46256
6 miles from the pool	Indianapolis, IN 46256	5 miles from the pool
	5 miles from the pool	_

We also recommend **SpringHill Suites Indianapolis Fishers**. Use the following link to book your stay with the **corporate rate for Fishers Area Swimming Tigers (FAST)**