



**Send a "Shout Out" to your swimmer during
the FAST Summer Jam June 25-27!!**

**You can have your "Shout Out" message displayed on the
new digital scoreboard at the east end of the Natatorium.**

**The messages will run continuously before each session
during warm-ups. Just fill out the information below and
put in the "Lemen" mailbox by the end of practice on
Thursday June 24th along with \$3.**

Swimmer's Name: _____

Message: _____
