

**FISHERS AREA SWIMMING TIGERS
THE FAST TIGERS 10 & UNDER SPLASH
TIMED FINALS, MARCH 14, 2010**

- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming.
Sanction #IN10037
- HOST:** Fishers Area Swimming Tigers, P.O. Box #453, Fishers, Indiana 46038
- POOL:** Fishers High School Aquatic Center
13000 Promise Road
Fishers, Indiana 46038
- FACILITY:** Competition Pool: Two 25-yard pools with ten-7.5-foot wide lanes each with non-turbulent lane markers. We will run one 10-lane 25-yard course for competition and the other will be used for warm-down. If necessary, FAST reserves the right to use the other 10-lane 25-yard course for selected events prelim sessions. A Daktronics 2000 Time System will be used. In the event of circumstances necessitating changes during the meet, information will be updated on the FAST website at www.fasttigers.com. Balcony spectator seating is available.
- PARKING:** Free parking will be available in the lots adjacent to the Fishers HS Aquatic Center.
- RULES:** Current USA Swimming and Indiana Swimming rules will govern the meet. Please pay special attention to rule 202.3.2 that states, "At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the member in making arrangements for such supervision.
- ELIGIBILITY:** Age as of March 14, 2010 shall determine the age for each swimmer entered into the meet. All swimmers must be registered with USA Swimming. These registration numbers must accompany entry. Coaches must constantly display their USA Swimming coach credential to gain deck access. The meet referee or meet director reserves the right to ask for coach credential display and/or deny access if the coach does not comply.
- MEET FORMAT:** All events will be swum as timed finals.
- Individual events will be swum and scored by the swimmers age. The 7-8 year old 100 IM will be swum together, but scored and awarded separately. Only relays will be divided as 8&under, and 9-10 divisions.
- The Fishers Area Swimming Tigers reserves the right to **limit the number of heats in all individual events to keep the time line manageable**. There will be refunds for all swimmers that get cut out of events.
- The meet will be pre-seeded, there will be no positive check- in.

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ENTRIES:

Enter each swimmer with their full first name, last name, age and USA Swimming number on the entry. All times must be submitted in **SHORT COURSE YARDS TIMES AND COMPLETED TO THE HUNDRETH OF A SECOND. CONVERTED TIMES MUST USE THE HY-TEK TIME CONVERTER.**

Each swimmer in the 8-Under and 9-10 age group will be limited to five (5) individual events and two relays. If an entry is submitted with an individual entered in more events than this rule allows, the entry will be made by order of events starting with Event #1 until the rule is satisfied; there will be NO refunds.

FAST reserves the right to determine which entries to accept. Among the items FAST and will consider when making these determinations are: teams will not be broken, number of officials and volunteers provided by the team, balance of age group and gender in entry, level of competition and geographic location.

The Fishers Area Swimming Tigers reserves the right to **limit the number of heats in all individual timed finals events to keep the time line manageable.** There will be refunds for all swimmers that get cut out of events.

EVENT SEEDING:

All events will be pre-seeded.

ENTRY FEES:

All entry fees must be paid by Monday, March 8, 2010. Please make check payable to: **FISHERS AREA SWIMMING TIGERS.** The **entry** fees for individual events are \$4.00 per event and all relays are \$6.00 per relay.

There is also a \$1.50 per swimmer, per meet, Indiana Swimming surcharge which must accompany entry.

Mail entries and fees to the Entry Chairperson:

Ken Stopkotte
P.O. Box #453
Fishers, Indiana 46038
(317) 664-1608
Email: kstopkotte@aol.com

DECK ENTRIES:

Will be accepted if the meet is not filled. Entry fee for deck entries are \$10.00 per individual event.

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DEADLINE: We expect this meet to fill up very quickly. **Entries will be accepted immediately. The final entry date for entries to be received is 5:00 PM ET on Saturday February 27, 2010 or when the meet is full, whichever is later. Teams not accepted will have their entries returned as soon as possible, but no later than by Monday, March 1, 2010 via email or US Postal depending on the form of entry.**

Any accepted team entries may be updated until midnight on Monday, March 8, 2010. Updated times must be received via email. **NO PHONE UPDATES WILL BE ACCEPTED.**

The entry deadline will be extended if the meet is not full. Email confirmation of receipt will be returned. All email entries must be followed by a paper entry and check for entry fees. Please make your check payable to Fishers Area Swimming Tigers and enclose it in your entry. The meet will be run using Hy-Tek Meet Manager computer program (do not forget to "age up" swimmers to March 14, 2010).

A printed copy of your meet entries must follow your submission of your entries via email. **In all cases, the printed copy is the final word in any disputes involving entries.** Entries not submitted via email in Hytek format will be subject to a \$50.00 data processing fee.

A psych sheet will be posted on the Fishers Area Swimming Tigers website (www.fasttigers.com) after the close of entries.

FINAL RESULTS: One complimentary copy will be provided to every club with five or more swimmers. Extra copies may be ordered at the meet for \$8.00. Final results will also be posted on the FAST website at www.fasttigers.com.

AWARDS:

- Custom ribbons will be awarded for 1st through 10th place finishers in all individual events. Ribbons will awarded 1st through 3rd place for relays.
- High point award (winner & runner-up) in each age group (6&Under, 7, 8, 9 and 10.)
- **AWARDS WILL NOT BE MAILED.**

CLERK OF COURSE: There will be a Clerk of Course located on deck for all 8-Under events. Heat Sheets will be posted at various points around the pool. **ABSOLUTELY NO PARENTS WILL BE ALLOWED ON THE POOL DECK.** This is an insurance requirement of USA Swimming.

CONCESSIONS: Concessions will be available at the concession stand on the first level just across the entrance to the basketball arena. **ABSOLUTELY NO SMOKING IS PERMITTED IN THE BUILDING.**

ADMISSION: An admission of \$3.00 per person will be charged. Children 10-under are free.

HEAT SHEETS: Heat sheets will be available for purchase by spectators.

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WARM-UPS:

Sunday

Warm-ups will begin at 12:30pm and run until 1:20pm for all teams. There will be assigned warm-up lanes. The meet will begin at 1:30pm and will be run in the West pool, at the scoreboard end.

Lanes for warm-ups will be assigned. Check the website at www.fasttigers.com and your coach's packet.

MEET

DIRECTORS:

Deb Roehrdanz
7552 Timber Springs Drive
Fishers, Indiana 46038
317-849-1329
317-496-8359
dmroehrdanz@comcast.net

Gail Heflin
5831 North Delaware
Indianapolis, Indiana 46220
317-450-7787
gailrn95@yahoo.com

MEET REFEREE:

Clay Summers
7585 Timber Springs Dr. South
Fishers, Indiana 46038
317-842-7793
317-902-2876
csummers@iquest.net

OFFICIALS:

The FAST will need the help of your **USA Swimming Officials**. If you have a member that is in charge of your officials, please provide his/her name & email address on the entry summary form where requested.

**ISI TECHNICAL
SUIT RULES:**

All 12 and under swimmers participating in a meet sanctioned by the Indiana LSC must comply with the new swimwear rules passed into legislation by the 2008 Indiana Swimming House of Delegates. This legislation modifies USA Swimming rule 102.9.1 as follows:

1. Swim suits worn by 12 and under males participating in all Indiana Swimming sanctioned "age group" competitions will not extend above the navel or below the knees.
2. Swim suits worn by 12 and under females participating in all Indiana Swimming sanctioned "age group" competitions will not cover the neck, extend past the shoulders; extend beyond the shoulder, nor below the pelvis.
3. Swimsuits worn for competition must be non-transparent and conform to the current concept of appropriate.
4. The referee shall have the authority to bar offenders from the competition until they comply with the rule.

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FACILITY NOTE:

The Fishers High School Aquatic Center is one of the most beautiful high school facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

1. Keep all trash picked up (swimmers and teams in particular).
2. Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas. Due to USA Swimming insurance requirements, **only** swimmers, coaches, officials and volunteers are allowed on deck. **There can be no exceptions!**

The Fishers Area Swimming Tigers will have security people roaming the deck and locker room areas. If any swimmer is caught abusing the building or facility, they will immediately be asked to leave the meet and will be barred from further competition.

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SUNDAY, MARCH 14, 2010

Girls Event #	Warm-Up from 12:30pm to 1:20pm	Boys Event#
1	10 & Under 200 Free Relay	2
3	8 & Under 100 Free Relay	4
5	10 year old 100 IM	6
7	9 year old 100 IM	8
9	7-8 year old 100 IM	10
11	10 year old 50 Fly	12
13	9 year old 50 Fly	14
15	8 year old 25 Fly	16
17	7 year old 25 Fly	18
19	6&Under 25 Fly	20
21	10 year old 50 Free	22
23	9 year old 50 Free	24
25	8 year old 25 Free	26
27	7 year old 25 Free	28
29	6 & Under 25 Free	30
31	10 year old 50 Back	32
33	9 year old 50 Back	34
35	8 year old 25 Back	36
37	7 year old 25 Back	38
39	6 & Under 25 Back	40
41	10 year old 50 Breast	42
43	9 year old 50 Breast	44
45	8 year old 25 Breast	48
47	7 year old 25 Breast	42
49	6 & Under 25 Breast	50
51	10 & Under 200 Medley Relay	52
53	8 & Under 100 Medley Relay	54

General Information:

1. Each team is responsible for its own valuables.
2. Each coach is responsible for the conduct of their team.
3. Only swimmers and coaches will be allowed in the deck area. There are three men's and three women's locker rooms on deck.
4. An athletic trainer will be available during the meet.

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Fee Summary

This summary form must be completed and returned with all entries by Saturday, February 14, 2009. Please make certain to include all of the following:

1. Individual entry sheets
2. Check for entries made payable to: **Fishers Area Swimming Tigers**
3. Computer disk enclosed unless sent via email (must still include printed copy)
4. This summary form, completed

Mail all of the above to:

Ken Stopkotte
P.O. Box #453
Fishers, Indiana 46038
(317) 664-1608
Email: kstopkotte@aol.com

Club _____ Club Code _____

Number of swimmers entered: Boys _____ + Girls _____ = Total _____

Number of swimmers entered: Indiana Swimming Surcharge _____ @ \$1.50 = \$ _____

Number of timed finals individual entries _____ @ \$4.00 = \$ _____

Number of relay teams entered _____ @ \$6.00 = \$ _____

TOTAL AMOUNT ENCLOSED = \$ _____

Club official submitting entry:

Coaches Names:

Name: _____

Address: _____

City: _____

State, Zip: _____

Telephone: _____

Email: _____

Please indicate the preferred manner of receiving final results:

_____ Hard Copy

_____ Meet Manager Backup (Emailed)

_____ Team Manager .cl2 file (Emailed)

_____ All of the above

Email address to send above to: _____

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Visiting USA Swimming Officials Sign-Up

Please indicate the names of any officials who would be willing to help officiate at the meet and the session they would be willing to work:

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

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Release & Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Fishers Area Swimming Tigers, and its' Board of Directors, USA Swimming, Fishers High School and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Fishers Area Swimming Tigers, USA Swimming, and the Fishers High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 2010

Signature of Club Official or Coach _____

Printed Name of Club Official or Coach _____

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Fishers Area Hotel Information

The town of Fishers has a number of excellent hotels within 15 minutes from the pool. Contact the hotels for rates and availability.

Hampton Inn & Suites 11575 Commercial Drive Fishers, Indiana 46038 317-913-0300 2.6 Miles From Pool	Cambria Suites 13500 Tegler Drive Noblesville, Indiana 46060 317-773-4970 3.5 Miles From Pool	Holiday Inn 9780 North By NE Boulevard Fishers, Indiana 46037 317-578-9000 4.4 Miles From Pool
Hotel Indigo 9791 North By NE Boulevard Fishers, Indiana 46037 317-558-4100 4.4 Miles From Pool	Staybridge Suites 9780 Crosspoint Boulevard Indianapolis, Indiana 46256 317-577-9500 4.4 Miles From Pool	Marriott Spring Hill Suites 9698 Hague Road Indianapolis, Indiana 46256 317-708-5341 4.4 Miles From Pool
Residence Inn By Marriott 9765 Crosspoint Boulevard Indianapolis, Indiana 46256 317-842-1111 4.4 Miles From Pool	Holiday Inn Express 9790 North By NE Boulevard Fishers, Indiana 46037 317-578-2000 4.4 Miles From Pool	Hilton Garden Inn 9785 North By NE Boulevard Fishers, Indiana 46037 317-577-5900 4.4 Miles From Pool
Comfort Inn & Suites 9760 Crosspoint Boulevard Fishers, Indiana 46256 317-578-1200 4.4 Miles From Pool	Fairfield Inn & Suites 17960 Foundation Drive Noblesville, Indiana 46060 317-776-9900 5.0 Miles From Pool	Candlewood Suites 8111 Bash Street Indianapolis, Indiana 46250 317-595-9292 7.5 Miles From Pool
Hampton Inn 6817 East 82 nd Street Indianapolis, Indiana 46250 317-576-0220 7.5 Miles From Pool	Hilton Hotel 8181 North Shadeland Avenue Indianapolis, Indiana 46250 317-849-6668 7.5 Miles From Pool	Quality Inn & Suites 16025 Prosperity Drive Noblesville, Indiana 46060 317-770-6772 4.0 Miles From Pool