



Frequently Asked Questions

1. How do I know what level my child is?

There is a copy of the group descriptions available at the sign in desk. Each swimmer's skill sheet shows which skills they have passed. Checked off skills have been passed. You are free to look at your child's skill sheet at any time.

2. When will my child move to the next class/level? Or, Why didn't my child advance to the next level?

As soon as the required advancement skills for their current level are passed your child is advanced. Instructors also introduce some of the skills to be learned at the next level at the current level. This is done to introduce students to new skills while they are still working on mastering current skills.

The program is designed so that swimmers will progress through the first few levels quickly. However, this is a skills based program not a time based program. Some swimmers master a skill faster than others. If your child seems "stuck" at a level please talk with the deck supervisor to discuss possible ways to help them advance.

3. How many students per class?

There will be a maximum of 4 swimmers per class. Please note that on the first day of a session we allow walk in registration. We will try estimating how many instructors we need to maintain this ratio, but sometimes it is off. If this happens it will be corrected before the next class period.

4. May I request a certain instructor? Will my child have the same teach every class this session?

Yes, but we may not be able to accommodate the request. Please make a note on your child's registration form if you want a certain instructor. Some instructors take time off to participate in other sports or get other jobs. If the requested instructor is available we will do our best to get your swimmer assigned to that instructor. If that instructor is not available we will assign them someone we think is very similar in personality and teaching methods.

If you have a favorite instructor, please feel to request them. You may also try putting down several instructors if you have more than one favorite.



We also try to have the same instructor teach the same class for the entire session. This helps the swimmer adjust to the instructor and eases fears. Sometimes an instructor gets ill and we need to have a substitute.

5. What if I do NOT want a certain instructor?

Please let the deck supervisor know if you have concerns about any of the instructors. If you don't want your swimmer to have a certain person please note that on the registration form. We will make certain that your swimmer is not assigned to that instructor.

**6. My child wants to join the swim team, how do I know if they are ready?
Is there a minimum age to join the team?**

The minimum requirements to join the FAST swim team are:

Swim 25 yards of freestyle with rotary breathing

Swim 25 yards of backstroke

Kick 25 yards of Butterfly/dolphin kick

There is no minimum age, joining the team is skill based.

If your child completes the Tiger Cub level they **MAY** have these skills. If your child has not yet completed the Tiger Cub level they do not have the required skills to join the entry practice group. Please continue in swim lessons. Note that butterfly kick is not emphasized in the Tiger Cub group but is mastered at the Prep level.

A child may continue taking swim lessons to gain confidence and improve their technique. Tiger Team Prep is an excellent way to do this. The better your child is when they join the team the more fun it will be for them. Tiger Team Prep is an excellent way for your child to begin to get a feel for swimming on the team. The class meets two times per week for 55 minutes. The entry level swim team group practices for 75 minutes and three practices per week are recommended. Thus if you or your child are uncertain, try a Tiger Team Prep class for one session.



7. I do not understand what my child is doing during the lesson.

Please ask the deck supervisor to explain what your child is doing and why it is important. The program is designed to teaching swimming. Swimming underwater and swimming with the head out of the water (doggy paddle) is NOT considered swimming. We are teaching children ways to survive if they fell in the water before they are competent swimmers. After this we move to teaching them the proper method to swim for endurance and comfort. Learning to float and rollover are key aspects of this concept. A swimmer who gets tired or a child who falls in the water can float on their back until help arrives.

We also want the swimmers to enjoy learning to swim so the instructor may be doing something just for fun.

If you have questions or concerns please ask, we will answer the questions.

8. Where can I get goggles and/or fins?

Kast-away Swimwear - across from North Central High School

They come to Fishers High School for the swim team about once a month.

Circle City Swimwear - 62nd and Binford

Both stores are specialty swim shops. They stock goggles and fins year round. If you ask they can help you properly fit goggles and fins.

Goggles should be fitted and worn properly to keep the water out. To fit goggles properly press them to the eyes without the strap. If they stick to one eye without popping off they should be fine in the water if worn properly. To wear goggle properly the strap **MUST** be high on the head, not around the neck or low on the head. If the strap is too low it actually pulls the goggles down and can cause them to leak.

Again please feel free to ask questions.